



Judith Gottesman

The West Coast Jewish Community's Matchmaker and Dating Coach for Everyone

*Author of Your Soul Mate Awaits! and
The Lost Art of Dating*



*An authority on dating and relationships, with a Jewish twist,
Judith is happy to assist the media with quick insights or long-form interviews
on all things love.*

Judith Gottesman, MSW
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The Soul Mates Unlimited® Approach

Emphasizing intuition, quality matches, and dating support

The first match Judith officially made was for a friend who lived in Montreal almost twenty years ago, when Judith was living in New York getting her master's degree in social work. She wanted to set the friend up with someone she knew in New York, but it took six months until she could have her two friends meet—since they both were in relationships. Intuitively, Judith was sure the two were soul mates and told her friend to let her know when she was single again.

After a few months, as predicted, the friend from Montreal broke up with her boyfriend and visited Judith in New York. Judith called the guy. He was single again, too. Judith asked, “How would you like to meet your soul mate? She’s sexy, smart, and beautiful.” They went out, but the woman was less than impressed by the way the guy ended the date. Judith pushed her to go out with him a second time and, as they say, the rest is history. They are now both on faculty at Columbia University and very happily married with two kids.

Judith learned from these two that it’s worth waiting for matches to happen, and also that sometimes love isn’t always at first sight. People often have a difficult time recognizing their soul mates, letting fear or preconceived ideas of how someone should act on a phone call or date block their ability to be open to a person who is perfect for them.

Over the years, Judith went on to set up other couples she was sure were soul mates, all of whom got married and are still married. She discovered that she has an intuitive sense and was good at recognizing soul mates, even if one person was someone she just met or didn’t know well.

That intuitive sense continues to guide her approach at Soul Mates Unlimited®. To begin, she speaks to each and every client personally over the phone for an hour-long phone interview. The interview questions may seem quirky: whether they’re a morning or night person, what charities they give to, if any, and what they like to eat. Her questions differ from and are more detailed than the questions asked by many other matchmakers, and they allow her to have unparalleled insight and intuition about possible matches.

After a client comes on board, Judith may not contact that person again for a while; her approach emphasizes quality over quantity of potential matches. But she constantly keeps that person in mind, and when a reasonable match does come along, the client will hear about it immediately. She urges her clients to set up their date as quickly as possible, rather than having multiple phone, text, or online conversations to get to know each other first. After all, with so much of a match reliant on physical chemistry, why would anyone want to waste time on the phone?

During the dating process, Judith is always available by phone and includes her date coaching services as part of her flat fee. This means that clients can talk to her about potential matches and specific dates as often—or as little—as they’d like. This is perfect for clients who may be new to dating or like a bit of hand-holding as they navigate the dating world, but it doesn’t turn off clients who’d rather not hear her advice!

She advises clients to take a holistic approach to their dating life. That means using online dating services (if they are comfortable doing so) and generally getting out to make social connections. Still many of Judith’s clients are busy professionals, and they’d prefer that she do the heavy-lifting in looking for a mate for them. It’s a responsibility she takes seriously for each and every one.

The Soul Mates Unlimited® Client

Judith’s clients come in all ages—from twenties to nineties. At this time, she’s primarily focused on a West Coast Jewish clientele, although she does have some clients in other parts of the country, for example, Chicago and New York. Her clients are typically educated professionals: entrepreneurs, C-level executives, therapists, rabbis, government officials, doctors, attorneys, retirees, stay-at-home parents, and others.

Dating Tips and Horror Stories Video Blog

Judith hosts two-minute video blog segments entitled “Dating Tips and Horror Stories” on her website. In the vlog, she covers such topics as how to make a good first impression, what never to talk about on a date, and what a matchmaker really does.

You can view the full roster of videos at <http://www.soulmatesunlimited.com/datingtips.html>.



Why Hire a Matchmaker?



Isn't Love Just About Fate?



How Do I Know if S/he is The One?

Media and Press

An authority on dating and relationships, Judith Gottesman is happy to assist the media with quick insights or in-depth interviews on all things love. Please contact her directly at 510.418.8813 or info@SoulMatesUnlimited.com.

The J Weekly, ["Courtship Makes a Comeback"](#) (February 2021)

San Diego Jewish Journal, ["Dating During Covid"](#) (February 2021)

Jewish Journal, ["How to Adapt Dating to Covid-19"](#) (December 2020)

Jewish Journal, ["How to Adapt Dating to Covid-19"](#) (December 2020)

Mel Magazine, ["Real People Money Diaries: Matchmaker"](#) (February 2020)

Orange County Jewish Life, ["Finding Love: The Benefits of a Dating Coach & Matchmaker"](#) (July 2019)

L'Chaim, ["Soul Mates Unlimited Celebrates 10 Years of Helping People Find Love"](#) (February 2019)

L'Chaim, ["Love Questions, Answered: A Q&A With Judith Gottesman, Soul Mates Unlimited"](#) (February 2018)

ViDa Select, ["Top 8 Jewish Matchmakers"](#)

Jlife Orange County, ["Stop Swiping and Give the Gift of Love!"](#) (November 2015)

["Judith Gottesman-Soul Mates Unlimited Receives 2015 Best Businesses of San Diego Award"](#) (August 3, 2015)

San Diego Jewish World, ["This Pesach, Liberate Yourself from Loneliness"](#) (March 30, 2015)

LA Jewish Journal, ["Navigating the Dating Game"](#) (February 17, 2015)

L'Chaim, ["1000 Words"](#) (February 2015)

California Magazine, ["Think an Old-Time Matchmaker Is an Anachronism in the Digital Age? Think Again."](#) (June 9, 2014)

Orange County Jewish Life, ["Religiously Wed?"](#) (June 2014)

Orange County Jewish Life, ["Searching for Soulmates"](#) (June 2014)

San Diego Jewish Journal, ["Seniors: Seeking B'Shert?"](#) (June 2014)

The New York Times, ["Matchmakers Help Those Over 60 Deal Handle Dating's Risks and Rewards"](#) (March 28, 2014)

San Diego Fox 5, ["Matchmaker, Matchmaker, Make Me a Match!"](#) (September 25, 2012)

KZSU-Stanford 90.1 FM, interview on matchmaking and the holiday of love.

NPR, ["What's a Yenta?"](#) (June 13, 2012)

OnlineDatingSites.net, "What Makes a Couple Work?"

JWeekly.com, ["Not a Yenta"](#) (June 29, 2012)

BlogTalkRadio.com, Find Your Sprinkles, "Lonely With 1,000 Friends"



Client Testimonials

You are doing an incredible job and I'm extremely happy I finally hired a matchmaker. I'm really enjoying the matchmaking process! — D.K., in Los Angeles

*I'm very grateful for Judith's matchmaking. She takes her time and the matches have been spot on in terms of personality, background, education, and worldview. Like all matchmaking, the final step is the chemistry between people, but Judith makes that much more probable. **She also doesn't give up.** I signed up several years ago, and my work has been hectic, but she sticks with you in finding a mate.*

— S.R., in Santa Clara

*Your service really has been **the only successful match** out of all the ones I've tried thus far and **God bless you for your work. It's amazing!** Thank you! — T.B., in Beverly Hills*

*My marriage ended and I found myself back in the dating world after 20 years. **I sought advice from Judith and it was spot on.** She helped me navigate which dates were successful and which wouldn't pan out. Judith got me to think about my happiness and what I was seeking in a mate. I was encouraged to make good decisions along the dating process. Judith's advice gave me confidence to venture into a scene that was very foreign to me. **I'd encourage anyone to use her dating coach services, and today I can say that I'm in a relationship and very happy.** I'm glad I sought her professional help along the way.*

— Scott D., in San Francisco

We spoke, went out, and with all that said, fell in love, and were married. It was all thanks to Judith and let me tell you, I was skeptical at first, since years of trying other ways didn't work. She truly made the match worth every penny. I couldn't be happier and more in love with my beautiful wife and, yes, we even have a child. If I wouldn't have contacted Judith, my life would be very different. I wanted to thank Judith for the time and persistence to find me the right person. — Gideon S., in San Diego

No one cares more about helping people than Judith. She helped me meet my wife, through utmost dedication and care. — Gil H., in La Jolla

Judith puts great personal effort into getting to know each individual client. She uses her knowledge and her excellent instinct to find potential matches. She set me up with two meetings and one of those worked out into a relationship. I think there's a tremendous advantage to her service. She is looking for your soul mate, not a date for the evening. If there's no one that's suitable, she saves me time and possibly a lot of grief. I have confidence in meeting anyone Judith would feel is right for me. When Judith calls, I listen. — B.B., in S.F. Bay Area